

Allergy/Intolerance Menu

Allergy/Intolerance: Milk Free
 Child Name / Area: _____
 Dates / Term: GCC Autumn Winter 2023 2024 Implementation Date if required: _____

*Recipe codes are in bold (e.g., F6) however when searching on Sharepoint for recipes, all will start with PRI - e.g., PRIF6

DATES	WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
06/11 27/11 18/12 22/01 19/02 11/03	Option 1		C89 BBQ Chicken with SD84 Rice	C4 Roast Chicken with SD7/SD82 Roast Potatoes & SD118 Gravy	SD8 Spaghetti B48 Bolognese with SD50 Homemade Garlic Bread	F6 Fish Fingers with SD5 Chips & SD14 Tomato Ketchup
	Option 2	V148 Vegetable Curry with SD84 Rice	V237 Vegan Meatballs in a V225 Tomato Sauce with SD111 Pasta	V13 Vegetable Roast with SD7/SD82 Roast Potatoes & SD118 Gravy	V241 Shepherdess Pie	V238 Vegan Sausage with SD5 Chips & SD14 Tomato Ketchup
	Option 3	SD55 Jacket Potato with SD22 Baked Beans or V216 Vegan Sheese (No Cheese)	SD55 Jacket Potato with SD22 Baked Beans, F11 Tuna Mayonnaise or V216 Vegan Sheese (No Cheese)	SD55 Jacket Potato with SD22 Baked Beans or V216 Vegan Sheese (No Cheese)	SD55 Jacket Potato with SD22 Baked Beans, F11 Tuna Mayonnaise or V216 Vegan Sheese (No Cheese)	SD55 Jacket Potato with F11 Tuna Mayonnaise or V216 Vegan Sheese (No Cheese)
	Vegetables	SD28 Carrots	SD18 Peas	SD24 Green Beans	SD20 Broccoli	SD18 Peas
		SD24 Green Beans	SD20 Broccoli	SD28 Carrots	SD28 Carrots	SD22 Baked Beans
Dessert	D244 Cinnamon Swirl	D182 Orange Drizzle Cake (No Custard)	D235 Strawberry Jelly with Mandarins	D242 Apple Crumble (No Custard)	D80 Chocolate Shortbread	
DATES	WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
13/11 04/12 08/01 29/01 26/02 18/03	Option 1	V73 Vegetable Pasta Bake	P3 Pork Sausage with SD1 Mashed Potato & SD118 Gravy	T1 Roast Turkey with SD40 Stuffing, SD7/SD82 Roast Potatoes & SD118 Gravy	GR1 Greek Chicken Pitta & SD6 Potato Wedges (No Cucumber Dip)	F6 Fish Fingers with SD5 Chips & SD14 Tomato Ketchup
	Option 2		V211 Vegetable Fajitas with SD84 Rice	V238 Vegan Sausage with SD7/SD82 Roast Potatoes & SD118 Gravy	V205 BBQ Quorn with SD84 Rice	V221 Vegan Sheese & Tomato Pizza with SD5 Chips
	Option 3	SD55 Jacket Potato with SD22 Baked Beans or V216 Vegan Sheese (No Cheese)	SD55 Jacket Potato with SD22 Baked Beans, F11 Tuna Mayonnaise or V216 Vegan Sheese (No Cheese)	SD55 Jacket Potato with SD22 Baked Beans, F32 Salmon Mayonnaise, or V216 Vegan Sheese (No Cheese)	SD55 Jacket Potato with SD22 Baked Beans, F11 Tuna Mayonnaise or V216 Vegan Sheese (No Cheese)	SD55 Jacket Potato with F11 Tuna Mayonnaise or V216 Vegan Sheese (No Cheese)
	Vegetables	SD20 Broccoli	SD24 Green Beans	SD28 Carrots	GR4 Greek Salad	SD18 Peas
		SD18 Peas	SD28 Carrots	SD18 Peas	SD20 Broccoli	SD22 Baked Beans
Dessert	D183 Lemon & Berry Cake	D189 Eves Pudding (No Chocolate Sauce)	D230 Chocolate Orange Cookie	D240 Plum & Vanilla Crumble (No Custard)	D195 Cinnamon Cookie	
DATES	WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
20/11 11/12 15/01 05/02 04/03	Option 1	V108 Lentil & Sweet Potato Curry with SD84 Rice		P5 Roast Gammon with SD7/SD82 Roast Potatoes & SD118 Gravy	B33 Cottage Pie	F6 Fish Fingers with SD5 Chips & SD14 Tomato Ketchup
	Option 2	V188 Tomato Arrabiata SD11 Pasta	V221 Vegan Sheese & Tomato Pizza with SD2 New Potatoes	V204 Vegan Quorn with SD7/SD82 Roast Potatoes & SD118 Gravy	V236 Vegan Burger with SD6 Potato Wedges	
	Option 3	SD55 Jacket Potato with SD22 Baked Beans or V216 Vegan Sheese (No Cheese)	SD55 Jacket Potato with SD22 Baked Beans, F11 Tuna Mayonnaise or V216 Vegan Sheese (No Cheese)	SD55 Jacket Potato with SD22 Baked Beans or V216 Vegan Sheese (No Cheese)	SD55 Jacket Potato with SD22 Baked Beans, F11 Tuna Mayonnaise or V216 Vegan Sheese (No Cheese)	SD55 Jacket Potato with F11 Tuna Mayonnaise or V216 Vegan Sheese (No Cheese)
	Vegetables	SD28 Carrots	SD24 Green Beans	SD20 Broccoli	SD28 Carrots	SD18 Peas
		SD18 Peas	SD28 Carrots	SD18 Peas	SD24 Green Beans	SD22 Baked Beans
Dessert	D57 Vanilla Shortbread	D207 Pear and Chocolate Cake (No Custard)	D245 Strawberry Jelly	D238 Peach Crumble (No Custard)	D96 Fruity Shortbread	

Note: no other menu options other than above should be offered in relation to this menu

ALLERGY INFORMATION: Whilst every opportunity has been taken to remove necessary allergens, we cannot rule out the risks of elements and traces of allergens within products and cross contamination within the kitchen environment. If this is a concern due to the severity of the allergy/intolerance, then please email info@caterlinkitd.co.uk for someone to contact you.

Pupil Identification: Each child requiring a special diet should make their self known to the catering team and should be accompanied by a school representative, when receiving their meal.