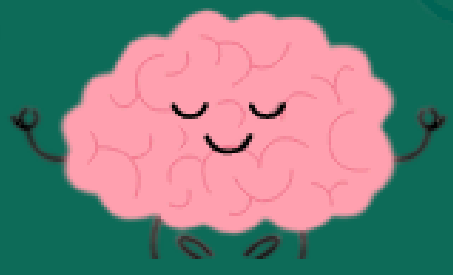


THE CALM CLUB'S

Summer Yoga & Craft Camps!

Forest of Dean 2025



What, where, when?

Tired of chaotic holiday clubs? Give your child calm, confidence and connection this summer.

"MY DAUGHTER WAS NERVOUS WHEN WE ARRIVED, BUT SHE DIDN'T WANT TO LEAVE AT THE END. SO CALM AND WELCOMING."



LOCATIONS:

- BLAKENEY / WOOLASTON / RUARDEAN AND SOUDLEY JULY 21 - 25
- WOOLASTON / RUARDEAN AND SOUDLEY JULY 28 - AUGUST 1
- RUARDEAN AUGUST 4 - 8
- LYDNEY AUGUST 28

A day at camp...

- **Yoga** adventures taught by certified children's yoga teachers
- **Mindful crafts** with a calming, creative twist
- Outdoor **play** in beautiful, peaceful settings
- Homemade **lunch** + make-your-own food!
- **Small groups** for deeper connection and safety
- **Trauma**-informed, First Aid-certified team trained in **SEN**

Who is it for?

Two age groups:

- Children aged 4 - 8 years
- Tweens and teens aged 9 - 15 years



Only 5 paid spots per location. **FREE** spaces go fast!



SCAN ME

Book now! www.thecalm-club.co.uk/summer-camps

Use SUMMER10 for 10% off paid spots

info@thecalm-club.co.uk