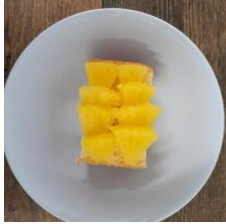
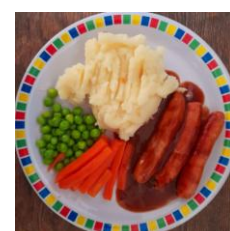


WEEK ONE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Rainbow Vegetable Pasta Bake 	Nature Ranger Sausages with Potato Wedges and Tomato Ketchup 	Roast Quorn with Roast Potatoes & Gravy 	Macaroni Cheese 	Cheese Whirl with Chips and Tomato Ketchup 
OPTION 2	Cheese and Tomato Pizza with New Potatoes 	Beef Meatballs in Tomato Sauce with Rice 	Roast Gammon, Potatoes & Gravy 	Chicken and Sweetcorn Pie with New Potatoes 	Fish Fingers with Chips & Tomato Ketchup 
DESSERT	Chocolate Shortbread 	Pineapple Upside Down Cake with Custard 	Fruit Medley 	Syrup Sponge 	Ice Cream and Peaches 

*VEGETABLES AND SIDES MAY DIFFER THAN THOSE SHOWN

WEEK TWO

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Lentil & Sweet Potato Curry with Rice 	Mild Mexican Chilli with Rice 	Vegetable Wellington with Roast Potatoes and Gravy 	Roasted Vegetable Pizza with New Potatoes 	Red Pepper Frittata with Chips & Tomato Ketchup 
OPTION 2	Planet Friendly Meatballs in Tomato Sauce with Spaghetti 	Sausage and Mash with Gravy 	Roast Chicken with Stuffing, Roast Potatoes and Gravy 	Beef Lasagne 	Fish Fingers with Chips & Tomato Ketchup 
DESSERT	Gingerbread Cookie 	Chocolate Brownie 	Fresh Fruit & Yoghurt with Crumble Topping 	Strawberry Jelly with Peaches 	Vanilla Shortbread 

*VEGETABLES AND SIDES MAY DIFFER THAN THOSE SHOWN

WEEK THREE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Saucy Tomato Pasta 	Creamy Coconut Curry with Rice 	Nature Ranger Sausage with Roast Potatoes and Gravy 	Hearty Bolognese with Pasta (VE) 	Mexican Bean Roll with Chips and Tomato Ketchup 
OPTION 2	Cheese and Bean Pasty with New Potatoes 	Beef burger with Cheese in a Bun with Wedges and Tomato Ketchup 	Roast Chicken with Roast Potatoes and Gravy 	Chef's Special Chicken Korma with Rice 	Battered Fish with Chips & Tomato Ketchup 
DESSERT	Oaty Cookie 	Jam and Coconut Sponge 	Fresh Fruit 	Eves Pudding with Custard 	Melting Moment Biscuit 

*VEGETABLES AND SIDES MAY DIFFER THAN THOSE SHOWN