## Does your child struggle with worries or anxiety?

0 0

## Help your child build confidence with a new digital therapy game





\*Lumi Nova is for children aged 7 - 12 experiencing mild to moderate anxiety. It is not recommended for use with children who have severe anxiety, are in crisis, have suicidal thoughts or are at risk of self harming without clinical supervision. See instructions for use: bit.ly/luminova-ifu

for families in Gloucestershire

For 7-12 year olds\*
NICE recommended
Free instant access

To learn more visit: luminova.app/glos



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